

PLAY



Play may look simple but your baby or toddler is learning so much – just playing shops allows them to explore imagination, maths, social and sharing skills, and new words. Play is crucial to building pathways or “neurons” in the brain.

Parents are a child’s first teacher and there is so much that children can do at home to follow their interests, have fun and learn new skills.

Play can happen anywhere, and it’s the process that matters to a child, not the finished product.

FAVOURITE TOY... IS YOU!

Babies and toddlers adore playing with the people who love and care for them. You are absolutely their best and favourite toy!

ALONE AND WITH FRIENDS.

Give children time to play alone, and with friends and family. Being social helps children practice turn taking, communication and entering and exiting play situations.

REPEAT FOR PRACTICE.

Practice new skills over and over. Watch the laughter on children’s faces when they build, knock over and re-build a tower.

TALK IN PLAY.

Take time to talk with children about what they are doing in their play and ask thought-provoking questions.

EXPLORE THE OUTDOORS.

Satisfy children’s natural love and need for movement and exploration. Encourage crawling, climbing, running, playing in sandpits, using playdough, dancing, playing with water. Stay together and connect.

WORDS GROW MINDS

Learn more at
wordsgrowminds.org.au